

Gender Relations, Sexual Violence and the Effects of Conflict on Women and Men in North Kivu, Eastern Democratic Republic of Congo:

Preliminary Results from the International Men and Gender Equality Survey (IMAGES)



Photo by Henry Slegh ©

10% of men and **22%** of women have experienced sexual violence during conflict.

“The war has separated men and women, and it has reduced our love.”
(Couple in IDP camp, Goma)

69% of men and **83%** of women reported being ashamed to face their families because of a lack of work.

Overview

In June 2012, Sonke Gender Justice Network, Promundo-US and the Institute for Mental Health of Goma implemented the International Men and Gender Equality Survey (IMAGES) in Goma, North Kivu, Democratic Republic of Congo (DRC)¹. A total of 708 men and 754 women between the ages of 18-59 were interviewed in: (1) rural areas outside Goma; (2) Goma proper; (3) an internally displaced persons (IDP) camp; and (4) a military base near Goma (with officers, enlisted men and wives of military personnel). Qualitative research consisted of eight focus group discussions (four with men and four with women totaling 40 men and 51 women) and 24 in-depth individual interviews (10 with men, 14 with women, respectively). This report presents preliminary findings from the study.

The Context

DRC has been seriously affected by a series of wars and conflicts in the past 20 years. The conflicts are in part the result of the Rwandan genocide in 1994 that saw an exodus of leaders and perpetrators of the genocide against Tutsi, including many Hutus who, fearful of reprisals from Tutsis, entered the eastern provinces of DRC. While thousands of refugees tried to hide in eastern DRC, the atrocities, rape and killings continued in the IDP camps in DRC after the end of the genocide in 1994. Subsequently, the Rwandan Patriotic Front forces (RPF) entered DRC and other neighboring countries and became involved in the conflict known as the Great African War. Congolese and foreign militias have operated largely with impunity following the mid-1990s insurgency.

Accurate data on sexual violence in the context is difficult to obtain, and many survivors do not report rape due to fear, psychological trauma and ineffective justice sector responses amongst other factors. Previous household surveys have found rates of experiences of sexual violence in eastern DRC of 39% for women and 23% for men (Johnson et al., 2010).² This data and other studies in the DRC have confirmed that sexual violence has become a commonplace reality for women and girls, and is widespread among boys and men as well, both in the context of conflict and at the household and community level.

In addition to sexual and gender-based violence (SGBV), millions have been killed, or otherwise become victims

and/or perpetrators of atrocities, including torture, and millions of families have lost homes, livelihoods and family members. Findings from this study and other research confirm that the majority of the population of the eastern DRC continues to live in extreme poverty and faces multiple vulnerabilities, which in turn create challenges for men and women to fulfill socially acceptable gender roles. Furthermore, numerous studies in the context of the eastern DRC find rigid gender norms and power hierarchies that create vulnerabilities for women, while also confirming challenges and vulnerabilities in men's lives (Zwanck, 2011; Hollander, 2011).

While many studies and efforts have been carried out to empower women and assist them in recovering from rape in the context of DRC and other conflict and post-conflict settings, fewer have examined the impact of disempowerment on men and on how gender relations are affected by conflict. Moreover, several studies affirm the need to include men and boys in initiatives to promote gender equality and end SGBV in the DRC (Zwanck, 2011; Hollander, 2011; Baaz & Stern, 2010; Liebling, Slegh, & Ruratotye, 2012).

This study seeks to provide a nuanced understanding of how gendered relations are affected by the conflict and in turn inform the urgent need for social development, humanitarian and human rights responses. It is part of efforts by Promundo and the Sonke Gender Justice Network to engage men and boys – alongside women and girls – as change agents and activists in ending impunity around SGBV and promoting gender justice and social justice.

Purpose of this Study and Background on IMAGES

IMAGES – the International Men and Gender Equality Survey – created by and coordinated by Promundo and the International Center for Research on Women – is one of the most comprehensive studies ever on men's practices and attitudes as they relate to gender equality, household dynamics, intimate partner violence, health and economic stress.³ At the end of 2012, it will have been carried out in nine countries (including this study in DRC) with additional partner studies in Asia.⁴ The data is providing insights on men's use of violence against partners, participation in caregiving, and men's reactions to the global gender equality agenda, among other themes. The survey includes both women and men and

is carried out with respondents ages 18-59. In keeping with WHO recommendations on survey research on SGBV, surveys are carried out with men and women in the same communities but not in the same households. The survey is carried out together with qualitative research to map masculinities, contextualize the survey results, and provide detailed life histories that illuminate key quantitative findings.

In the case of conflict and post-conflict settings, the IMAGES questionnaire includes additional questions on the effects of conflict and displacement on gender relations. A local technical advisory committee was created and met to review and add questions; review the research plan and sampling frame; provide input on ethical procedures; and provide a list of services that could serve as referrals for subjects requiring special services.⁵

Questionnaires were translated into French and Swahili and pre-tested. Ethical approval was obtained from the Mayor of Goma, with additional approval from the Ministry of Gender for Goma. All appropriate ethical procedures (confidentiality, informed consent and anonymity) and do no harm principles have been followed in interviews and data collection. Fifty-five Congolese enumerators were trained and administered the questionnaire.

Sample

The survey was carried out in Goma, in an IDP (internally displaced persons) camp and in a military base, both located in Goma and in rural areas; the latter were the villages of Kiroche and Bweremana located 40 km south of Goma. Due to a new wave of conflict during the research period, rural areas farther from Goma were not accessible. By coincidence the researchers came upon a recently formed IDP camp along the road eight km outside of Goma, where refugees from rural areas were arriving as a result of the latest wave of conflict; this IDP camp was then included in the research.

	Hommes (n=708)		Femmes (n=754)	
	n	%	n	%
Urban Site (Goma)	183	25.9	232	30.8
Rural Villages (Bweremana and Kerotche)	245	34.6	247	32.8
Military Base (Goma)	71	10.0	94	12.5
IDP Camp (Mugunga 3)	209	29.5	181	24.0

Table 1: Research sites

Results

This summary presents emerging findings from the study, focusing on: (1) Participants' Profile and Economic Situation; (2) The Effects of Conflict; (3) Prevalence and Factors Associated with SGBV and (4) Gender-Related Attitudes.

The percentages presented in this report are based on the total number of responses and do not include cases where individuals did not respond.

1) Participants' Profile

	Men (%)	Women (%)
Age		
18-28	28.0	33.6
29-39	35.7	40.7
40-59	36.3	25.7
Education Level		
No school	11.9	36.7
Primary school: complete or incomplete	30.2	31.1
Secondary school: complete or incomplete	43.5	24.4
Bachelor's, Masters or above	14.5	7.8
Employment		
Never worked/no work	37.0	39.8
Formal work	26.4	11.5
Informal work	28.4	36.3
House boy/maid	1.4	11.5
Retired	0.7	0.8
Marital Status		
Legal Marriage	54.9	43.1
Widow	4.4	13.2
Divorced/separated	3.3	9.1
Living with partner	17.0	24.4
No stable partner	8.1	5.1
Single/never married	12.3	5.1

Table 2: General characteristics of the sample

Hunger is an all too common daily reality for respondents. 57% of men and 60% of women have only one meal, or less a day. Residents in IDP camps had the lowest incomes and the highest rates of hunger.

More than half (60%) of male respondents say they are the main source of income in their household, although only 38% of women say their male partners are the main source of household income. The contradiction may be due to differences between perceived roles of men as the providers of income for the family and the daily reality in which women contribute to sustain the family economically. These data show that women work outside the home in large numbers and contribute to family incomes even as men either ignore women's income, under-report it or feel that their identities as providers are threatened by women's income generation.

Women's levels of education are significantly lower than men's. Qualitative interviews confirmed that many men see women's education as a threat to their power and control over their wives, an indication both of traditional norms as well as of men's sense of threatened male identities.

Unemployment is high among men and women; informal work is the most common source of income. This includes agriculture-based activities and informal selling. The effects of poverty and unemployment are discussed in the next section. As noted earlier, a high percentage – nearly 40% of women and men – do not currently work or have never worked in income-generating activities.

2) The Effects of Conflict

Given that this survey was carried out during a recent round of conflict, it must be considered a specific portrait of an extremely vulnerable population during a specific moment of time in an ongoing round of violence and conflict.

Men's and Women's Reports of Economic Stress

- **69%** of men and **83%** of women are ashamed to face their families because out of work
- **73%** of men and **82%** of women are ashamed to face their families because they can't provide basic financial needs
- **73%** of men and **68%** of women spend most of their time looking for work
- **51%** of men and **53%** of women have considered leaving their families because of lack of income
- **44%** of men and **35%** of women sometimes drink or stay away from home because they can't find work
- **76%** of men and **79%** of women are frequently stressed or depressed because they do not have work
- **89%** of men and **92%** of women reported at least one form of work-related stress

The majority of men (69%) and women (79%) say that they lived through the war and conflicts. In addition to material hardship and hunger, the effects of lack of work and not having enough money to provide for their families are a source of tremendous stress for men and women. Qualitative reports highlight how men feel ashamed and depressed when they are not able to sustain their families. Women indicated that the lack of work and resources to support their families often leads to conflicts between partners and is a great stress for the family.

“What kind of man am I, who is not able to sustain the family?” (Man, Goma)

“This is like losing being masculine.” (Man, IDP camp)

“My husband lost all his properties and this made him mad. He liked to eat and be the boss, but he lost everything. Now he is an aggressive and nervous man.”
(Woman, IDP camp)

A man in Goma explained how he feels frustrated when he comes home and his wife asks him for money for food: “When she is accusing me that I did not bring home anything, sometimes I feel I could kill her. What kind of a man am I being insulted by his own wife?”

daily needs. A soldier in the military base said: ***“It hurts when I cannot feed my children, sometimes I have to rob food in the streets to be able to bring something to eat.”***

Experiences	Men (%)	Women (%)
Family Member Injured	54.1	63.7
Family Member Killed	50.3	66.0
Personally Injured	25.8	25.9
Forced to Have Sex/Raped	9.6	22.2
Forced to Witness Rape	16.5	27.0
Lost Property	77.2	76.6
Lived in the Bush	65.3	60.7
Lost a Child	25.1	24.3
Lost a Partner	9.6	15.2

Table 3: Traumatic events due to conflict

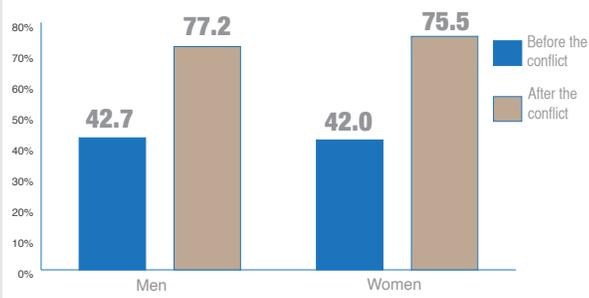


Figure A: The percentage of men and women who never have enough resources to meet the needs of their families: before and after the conflict.

Both women and men report tremendous economic hardship as a result of the conflict. Figure A represents the percentage of men and women who reported never having enough resources to meet the needs of their families: before and after the conflict. In this case “before” referring to the years immediately following the Rwandan genocide in the mid-1990s through the end of the 1990s (as described in the introduction). In daily terms, this means they do not have the financial means to pay school fees for their children, nor are they able to provide sufficient food for their children and to cover other basic

The toll of the conflict in and around Goma is staggering; the most common trauma was loss of property and displacement.

Another effect of conflict was forced conscription as well as voluntary participation in either the armed forces or combatant groups. A total of 10% of women and 33% of men reported having collaborated with armed rebel groups (including support roles and combatant roles) and 14% of women and 26% of men participated in the armed forces. These include both those who participated voluntarily and those who were forced to join. All told, this means that 18% of women and 43% of men have had some direct involvement in armed groups or the armed forces.

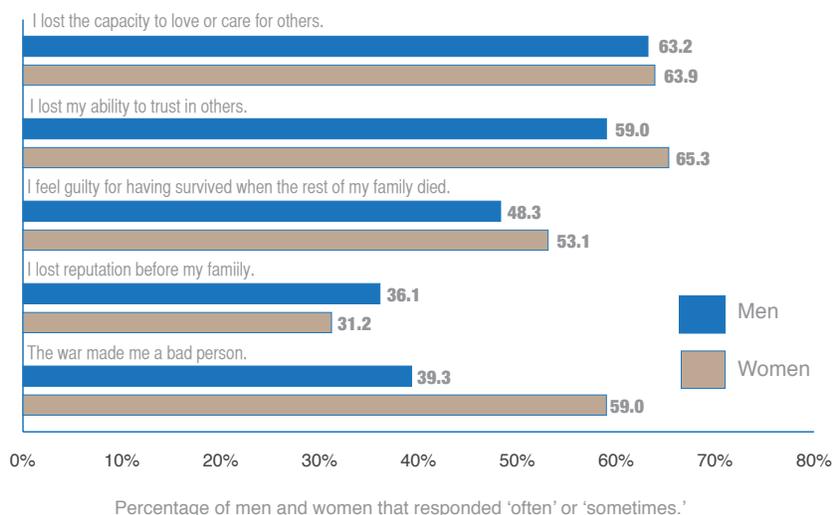


Figure B: Negative psychological consequences of conflict

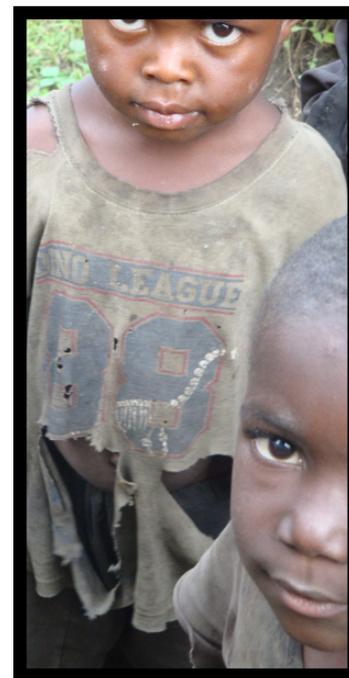


Photo by Henry Stegh ©

Women who reported being raped reported losing their reputation with their family, at significantly higher (and statistically significant) percentages.

While we cannot state with certainty that this perceived loss of reputation is related to being raped, it is noteworthy that there is a statistically significant difference in the percentage of women who reported losing their reputation based on whether they reported having been raped.

Men and women frequently spoke of men's self-esteem loss and sense of lost "manhood." Some men reported the challenges of living with injuries and sexual impotence caused by injuries. Soldiers mentioned in particular the lack of acknowledgement by the government for their efforts as insulting their manhood. They said that they risked their lives defending the country but receive low salaries and limited health care. Two soldiers interviewed in the FGD were injured during the conflict; one lost his leg, and the other lost an eye in the conflict.

"We are not men anymore, we lost our responsibilities, our masculinity." (Man, Goma)

"We are being killed silently. We are dead men." (FGD, IDP camp and FGD, Goma)

"When we got injured, we became physical and mentally handicapped and we only wait to be killed, silently..." (Soldier, Military Base)

"I lost my legs during the war and my strength to satisfy my wife; this is why she is not respecting me anymore." (Man, IDP camp)

"A man measures himself on the levels of sexual performance. When I lost sexual power due to my injuries, I am not a man anymore." (Soldier, Military Base)

"Before the war, things were okay. We had income and food, but when he comes home now without anything to eat, he starts fighting with me." (Woman, IDP camp)

Women who were raped frequently reported rejection by families and partners; for some women, widowhood presented specific challenges. Among women interviewed in qualitative interviews in the IDP camp, 13 out of 25 had been raped, and 9 of them were rejected by their partners. One of the women was still with her husband but reported that he was treating her badly. The husbands of two of the women in the IDP camp were killed on the way to the camp.

“Before my husband loved me so much, but when I was raped, he left me.” (A young woman, 26 years of age, raped by members of the armed forces)

“Men don’t talk when they are traumatized. They hide their pains. They cannot be a victim. That is why they always blame women to be the cause of all bad things that happened.” (Women’s group, FGD)

Many men also reported a sense of helplessness and “losing face” by not being able to defend their families and their property. The following quotes illustrate these trends.

For some men (and women), the conflict and conflict-related hardship resulted in positive coping and positive self-esteem. Some men feel that the war made them stronger, and some men feel proud that they defended their country and say they feel valuable for society. Comparing civilian men with soldiers, soldiers showed lower negative effects from the war (in terms of losing trust or losing the capacity to love others), but a higher percentage of soldiers reported that the conflict had “made them a bad person.” If, however, the data suggest that the perceived legitimacy of being part of the armed forces is a buffer against some negative effects of the war, both male soldiers and their wives reported that soldiers frequently use alcohol and drugs as a form of “self-medication” apparently in an effort to forget what they have seen or done in conflict.

“When I had to leave my properties behind, I felt like they cut my head off. Now I am a man without a head to think; I am nothing anymore.” (Man, IDP camp)

“The day my daughter was raped by someone in my village, I had no power to kill that man. I cannot stop thinking about this. How can I live with this?” (Man, IDP camp)

A man living with his family in overcrowded conditions in the IDP camp said: “I am living like an animal. Sleeping on volcano rock, how can I be seen as a man? I have nothing to feed my family. I have no intimacy with my wife anymore because I have to sleep with my 6 kids together. I have to take her (my wife) in the bush sometimes (for sexual intimacy). I am not human anymore.”

“My husband needs sex. He cannot sleep and therefore he is using a lot of drugs and alcohol. This is very tough for me as he makes me ‘work’ (having sex) all night.” (Wife of a soldier)

Another wife of a soldier said: “When my husband is not happy and he drinks a lot, he can be very violent when having sex. He is beating me a lot.”

In general, men interviewed tend to cope with extreme stress and trauma using strategies that seek to avoid and reduce feelings of vulnerability, including alcohol and substance abuse, while women more frequently seek some form of help or turn to religion. Women were able to recognize how their husbands either blamed or took their frustration out on them.

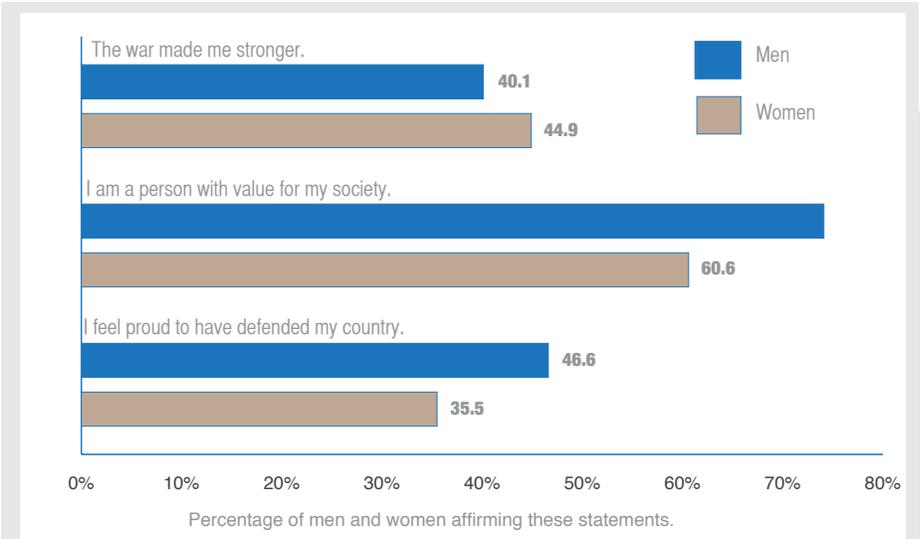


Figure C: Positive psychological consequences of conflict

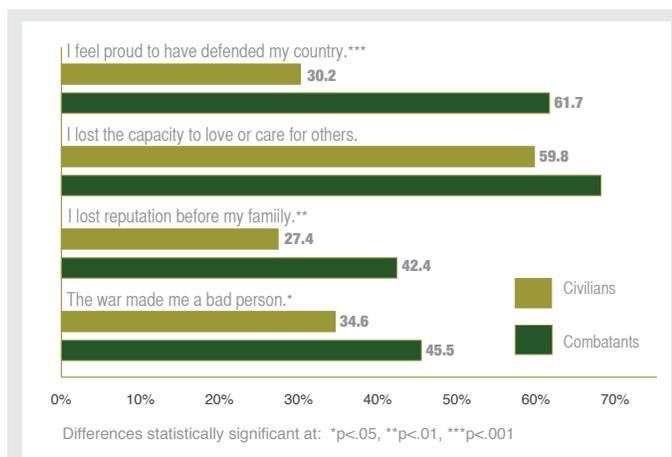


Figure D: Psychological effects of the conflict: combatants compared with civilians (Men)

- Civilians are men who have lived through the war and conflicts, but did not have direct, forced or voluntary engagement with the armed forces or groups of combatants.
- Combatants are men who had direct, forced or voluntary engagement with the armed forces or groups of combatants.

3) Prevalence and Factors Associated with Sexual and Gender-Based Violence

58% of men report ever carrying out any form of violence (physical, psychological or sexual intimate partner violence) against a female partner- and 65% of women report ever having experienced GBV (from a male partner). Among men who were forced to live with their relatives in another location within the country because of the conflict, 63% of them report perpetrating GBV. Among men who did not have to live with relatives, 52% report perpetrating GBV; this difference was statistically significant at $p < .05$.

Witnessing violence by a man against their mothers when they were children was also statistically associated with men's use of physical violence against female partners. Unemployment, alcohol consumption, and less equitable gender attitudes present statistically significant associations with men's perpetration of GBV.

In terms of sexual violence, more than half of all women reported being exposed to some form of sexual violence, the majority of this outside of conflict, and about a third of men reported having carried out sexual violence. In terms of men's use of sexual violence, 12% of men report ever having forced a female partner to have sex, while 7% of all men reported

having carried out stranger rape. In total, 26% of men say they have committed some form of sexual violence, and 53% of women say they are victims of at least one form of sexual violence.

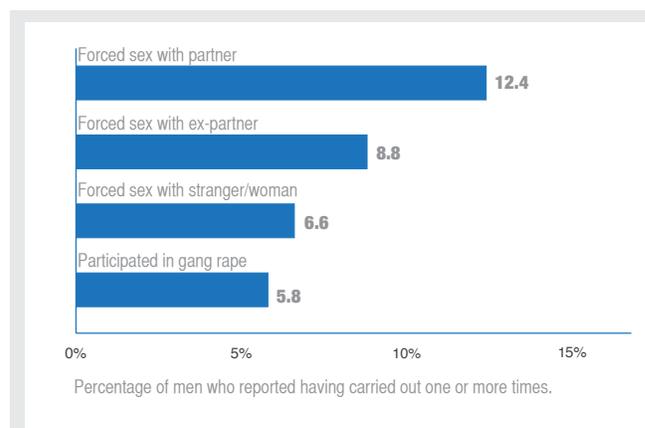


Figure E: Men's reports of having used sexual violence

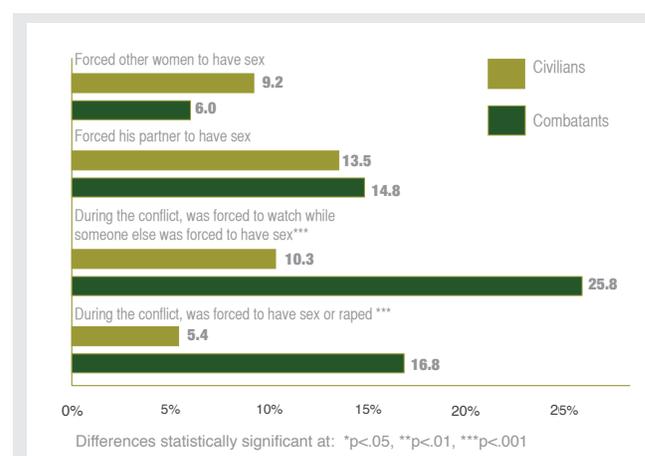


Figure F: Perpetration of sexual violence: combatants compared with civilians (Men)

- Civilians are men who have lived through the war and conflicts, but did not have direct, forced or voluntary engagement with the armed forces or groups of combatants.
- Combatants are men who had direct, forced or voluntary engagement with the armed forces or groups of combatants.

As noted earlier (in Table 3), 10% of all men and 22% of all women surveyed reporting having directly experienced sexual violence during the conflict. Furthermore, 17% of men and 27% of women reported being forced to watch rape being carried out by others.

Both men and women reported high rates of exposure to violence during childhood as shown in the figures below. Indeed, these rates of sexual

violence during childhood suggest that long-term reduction of SGBV in the DRC must also include reducing children's exposure to all forms of violence. It is striking to note that men reported higher rates of experiencing various forms of sexual violence growing up than women did.

The high figures of sexual force experienced by men (and women) during childhood demand further research. The perceived force to have sex with others may not automatically mean that those men feel that

they have been sexually abused or suffered from sexual violence. As some members from our technical advisory committee explained, "these acts cannot be explained as violence, because most occur in the context of education and discipline; boys are playing with each other and teaching each other." More research is needed to get a better understanding of the meaning and impact of these experiences on psychosexual development of Congolese men, women, boys and girls.

Experiences	Men (%)	Women (%)
Experienced physical violence at home	58.9	59.7
Experienced psychological or economic violence at home	79.3	81.4
Experienced sexual violence at home	35.4	29.7
Saw mother be beaten by her partner	43.5	40.6

Table 4: Individuals who have been personally exposed to violence in childhood (under 18 years old), at home or in their families⁶

Percentage of men and women that responded 'often' or 'sometimes.'

Experiences	Men (%)	Women (%)
I was forced to have sex with someone I know (church, community, neighbors).	19.4	14.2
I was forced to have sex with other children or students.	18.8	10.7
I was forced to have sex with my teacher.	17.6	15.7
In school, I was physically punished by a teacher.	60.6	65.6

Table 5: Personal exposure to violence during childhood (before age 18) at school and in the community

Percentage of men and women that responded 'often' or 'sometimes.'

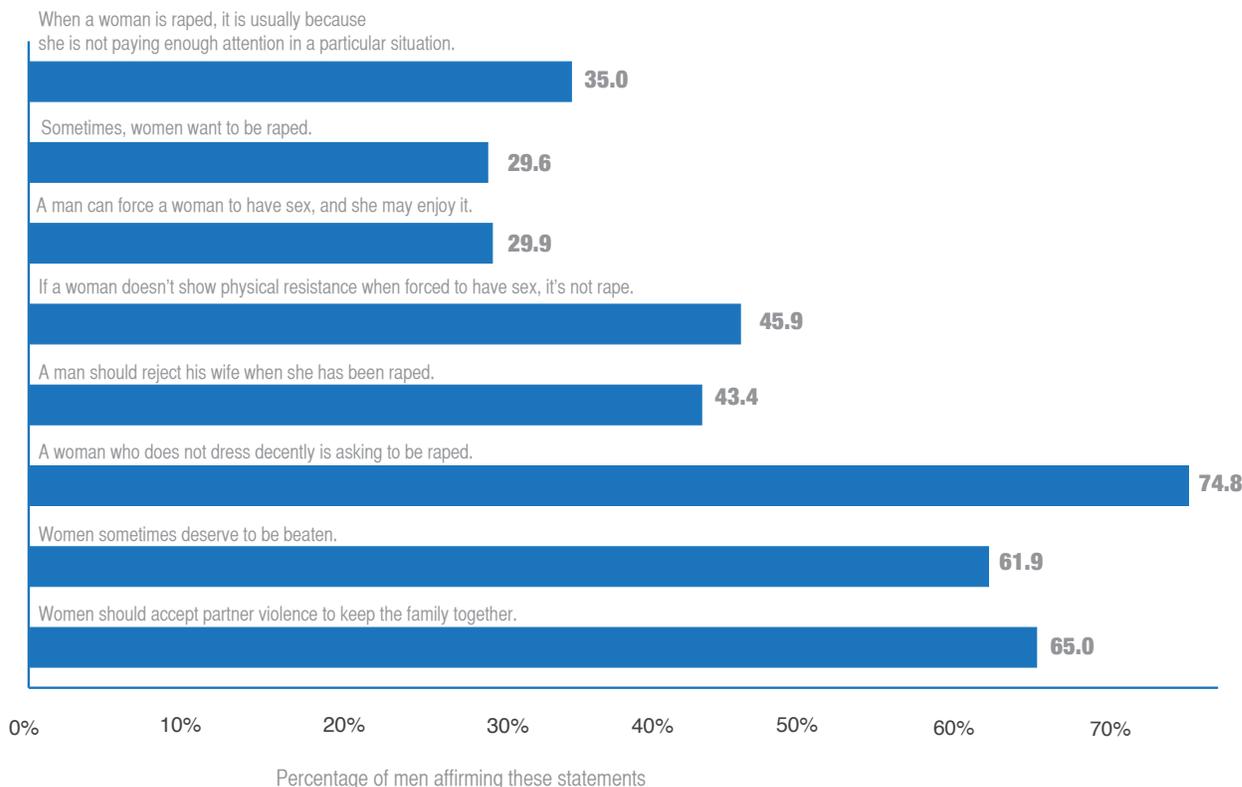


Figure G: Men's opinions about rape and gender-based violence

While sexual violence during conflict has received far more attention than sexual violence outside conflict, the survey confirms high degrees of rape-supportive attitudes among men, affirming in many ways the perceived normality of rape and widespread acceptance on the part of men of multiple forms of violence against women, as seen in Figure G.

Similarly, in qualitative interviews, men openly shared their opinions about the “right to have sex” with their female partner even if she refuses; most men did not consider it to be rape to force their wives to have sex with them. Other men took any “provocation” by a woman to mean that she wanted sex. One man (age 48) related the account of a young girl (under age 18) who entered his shop and asked for water. He said that her voice provoked him:

“When a girl is asking for water in such a way, she wants sex. So I took her in the middle of my shop, I think she liked it, because her body accepted me to enter.”

While much attention on SGBV in DRC has focused on the need to have stronger laws, the survey found that most men know about existing SGBV laws but have either contradictory or negative views about the laws. This suggests the need for additional public information campaigns and better implementation of SGBV laws.

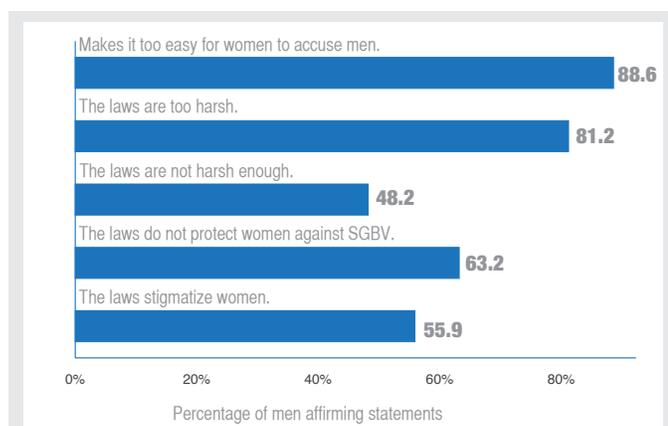


Figure H: Men's attitudes toward laws on GBV

4) Gender-Related Attitudes

While not presented in detail in this summary, the questions on gender equality both in the qualitative portion of the research and the survey find that the Congolese men interviewed in general are deeply skeptical about gender equality. Most men interviewed see it as a “theoretical” concept that is not relevant for Congolese culture or an idea or concept that provokes or creates problems between men and women. As one example, nearly half of men interviewed thought gender equality was something only for the rich. In qualitative interviews, men and women often saw gender equality as meaning that women would become the “new bosses.” Indeed the interviews suggest difficulty of women and men in a context of ongoing conflict and domination by some groups over others to imagine gender equality as meaning, as the name suggests, *equality*. Some men viewed equality as meaning that men “help” women with household tasks, and others saw that women’s income generation was useful for escaping poverty, but few men could visualize true equality in terms of roles, responsibilities and power.

Recommendations

This report reveals high levels of violence, in the context of war and dire economic conditions. The traumatic impact of violence in childhood and the violent experiences through war, as well as unequal gender attitudes make men more likely to use violence against partners. Multi-level actions are needed to set limits against the cycles of violence that start at home.

1) Gender Equality

Given that the attitudes on the part of men oppose gender equality, there is a *need for much more intense promotion of gender equality as part of public education, early childhood education, policy development and the creation and re-creation of civil society and the state in the DRC.*

2) Prevention and treatment of violence against children

Given the high exposure to multiple forms of violence during childhood reported by both women and men, there is a need for large-scale roll-out of psycho-social and secondary prevention that enables boys and girls at young ages to overcome violence they

have experienced. This violence both represents an on-going violation of children's rights as well as is highly associated with subsequent use of violence by women and men.

3) Prevention and treatment of violence between partners and in families

The multiple forms of sexual and physical violence suggest that effective prevention of SGBV must include those carried out as part of conflict, but also those forms experienced by children and that are considered a “normal” part of couple and family relations. Indeed, the nearly exclusive focus on SGBV in the context of conflict in the DRC – while understandable as a short-term solution – must give way to longer-term solutions that focus on broader gender equality, poverty alleviation and creation of systems of justice and social interactions based on reciprocity and respect for rights rather than domination. All of these should be accompanied by evidence-based approaches to change rape-supportive attitudes.

Long-term rebuilding from the conflict must also take into consideration men's sense of loss of status and identity, and men's (and women's) needs for psychosocial support. Men's limited discussion of their fears, vulnerabilities, and trauma and their limited help-seeking behavior and economic hardship create ongoing stresses for men themselves and their families, and are part of perpetuating SGBV. The levels of trauma from the conflict are extreme, for women and men. While we should not affirm that women are coping well in this context, men's coping more often involves violence and self-destructive behaviors that must also be addressed. Calling attention to men's needs in this way in no way minimizes the urgent and ongoing need for support for women survivors of SGBV – but rather affirms that both must take place for lasting change and more equitable and non-violent gender relations to be achieved.

There is an urgent need for multiple, integrated and long-term implementation of gender transformative interventions and policies that sustain them reaching young and adult men and

women via school, community, media, military, and other means.

Final Comments

Finally, during the course of the study, numerous cases of rape were reported in an around an IDP camp newly formed as a result of the most recent round of conflict. These cases point to the ongoing and urgent need for enhanced security and protection of civilians in eastern DRC, both by the UN and by the DRC government, and the urgent need for the UN and the DRC government to take into account civil society input in their decisions and actions.

The DRC has frequently been called “the worst place in the world to be a woman.” The results from our study affirm that at the time of this research, Goma and points nearby *are among the worst places in the world for women and men*, and that it is only by transforming gender relations, and engaging women *and* men, and combining gender justice with social justice – above all by offering dignified and meaningful livelihoods and functioning social welfare, health and justice systems – that true and lasting change will be possible for the women, men and children who call Goma and North Kivu their home.

Acknowledgements

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End Notes

¹The principal investigator was Henny Slegh, Regional Coordinator, Great Lakes Region, Promundo, with additional coordination provided by Gary Barker of Promundo and Tim Shand of Sonke. Benoit Ruratotoye, of the Goma Institute for Mental Health and consultant to Promundo, provided research assistance. Marci Eads provided assistance in data analysis. Henny Slegh and Gary Barker are the main authors of this report. Funding for the study was provided by the Swedish International Development Cooperation Agency (SIDA).

²The definition of sexual violence in this study included molestation, forced undress, rape, gang rape and sexual slavery.

³For more information on IMAGES, see Barker, et al. 2011.

⁴For more information on the studies inspired by IMAGES in Asia, see <http://www.partners4prevention.org/>

⁵This group includes representatives of UNFPA, International Rescue Committee (IRC), HEAL Africa, the Goma Division of the Ministry of Children, Gender and Family, the Ministry of Gender, Women for Women International, MONUSCO, and the Congolese Men's Network (COMEN).

⁶These variables refer to the period before the respondent turned 18 years of age. 'Experienced sexual violence at home' includes those who responded affirmatively that "someone in my family has touched me on the buttocks or genitals or touched me was when I did not want it," "someone in my family attempted to have sex with me," or "I had sex with someone in my family because I was forced to or frightened." 'Experienced psychological violence at home' includes those who responded affirmatively that "someone in my family insulted or humiliated in front of people," "one or both of my parents was/were too drunk or drugged (s) to take care of me," or, "at home, I was threatened with physical punishment." 'Experienced physical violence' includes those who responded affirmatively that "I was slapped by my parents or adults at home."

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