The #MeToo movement sparked a cultural shift through which harassment and violence will no longer be relegated to silence. However, sexual harassment and assault remain pervasive, and the topic, as well as what drives it, are not new. To create lasting change for our generation and the next, we need to commit to working together toward more healthy, respectful masculinities. This document shares some of Promundo’s key resources on transforming harmful masculine norms and advancing gender equality in the United States.

**Caring and vulnerable. Aware of power and privilege. Accountable and actionable.**

### Manhood 2.0
- [https://promundoglobal.org/programs/manhood-2-0/](https://promundoglobal.org/programs/manhood-2-0/)
- Manhood 2.0 is a gender-transformative curriculum developed by Promundo and the University of Pittsburgh to engage young men aged 15 to 24 in reflecting on the impacts of harmful gender norms.
- Manhood 2.0 focuses specifically on issues such as teen pregnancy prevention, dating violence and sexual assault, and the bullying of lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals.

### The Man Box: A Study on Being a Young Man in the US, UK, and Mexico
- [https://promundoglobal.org/resources/man-box-study-young-man-us-uk-mexico/](https://promundoglobal.org/resources/man-box-study-young-man-us-uk-mexico/)
- *The Man Box* report is a groundbreaking study on young men’s attitudes, behaviors, and understandings of manhood.
- The research, conducted with a representative, random sample of young men aged 18 to 30 in the US, UK, and Mexico, reveals that most men still feel pushed to live in the “Man Box” – a rigid construct of cultural ideas about male identity.

### The Bullying Crisis: Drivers and Consequences Among Young Men in the US
- [https://promundoglobal.org/resources/bullying-crisis/](https://promundoglobal.org/resources/bullying-crisis/)
- *The Bullying Crisis* study explores how young men use, experience, witness, and intervene to stop multiple forms of physical, social, and online bullying using a nationally representative sample in the United States.
- In addition, this report explores young men’s attitudes about masculinity in relation to their bullying behaviors, tests associations between empathy and bullying, and documents patterns of men’s cyberbullying, all in an effort to grow this knowledge base.

### Unmasking Sexual Harassment: How Toxic Masculinities Drive Men’s Abuse in the US, UK, and Mexico and What We Can Do to End It
- [https://promundoglobal.org/resources/unmasking-sexual-harassment/](https://promundoglobal.org/resources/unmasking-sexual-harassment/)
- *Unmasking Sexual Harassment* discusses young men’s views about manhood through a new research tool called the “Man Box,” a scale composed of 17 attitude statements on toxic masculinity.
- The original study included representative samples of more than 1,000 young men each in the US, UK, and Mexico, across rural and urban areas and all educational and income levels.
State of America’s Fathers

- [https://promundoglobal.org/resources/state-americas-fathers/](https://promundoglobal.org/resources/state-americas-fathers/)
- *State of America’s Fathers* aims to increase the visibility and value of care work in the United States with never-before-analyzed data and bold policy recommendations.
- The study seeks to influence and improve policies and programming for parents and to increase support for men’s caregiving more broadly, as a strategy to advance family well-being, gender equality, and social justice.

So, You Want To Be A Male Ally For Gender Equality? (And You Should): Results from a National Survey, and a Few Things You Should Know

- [https://promundoglobal.org/resources/male-allyship/](https://promundoglobal.org/resources/male-allyship/)
- This research brief presents nationally representative survey data and focus group discussions in the United States on male allyship for gender equality.
- Results from the study provide guidance for workplaces seeking to create cultures of respect, equality, and inclusivity and for men seeking to better understand what women want and need from them as allies for gender equality.

Adapting a Global Gender-Transformative Violence Prevention Program for the U.S. Community-Based Setting for Work with Young Men

- [https://promundoglobal.org/resources/adapting-a-global-gender-transformative-violence-prevention-program-for-the-us/](https://promundoglobal.org/resources/adapting-a-global-gender-transformative-violence-prevention-program-for-the-us/)
- The article describes the history of a gender-transformative program, Program H, first developed in Brazil and Mexico; the rationale for and evaluation of this original program; and the processes of adaptation for a United States urban community-based setting. It highlights the risks as well as opportunities for work with young men and boys in the future.

What We Know: An Evidence Review of What We Know About Sexual Harassment and Dating Violence

- This paper provides a summary of key data on the causes and responses surrounding sexual harassment and dating violence, paying particular attention to factors that drive perpetration and to preventative measures practitioners and researchers have developed to prevent further victimization.
- This review should be considered a brief synopsis of the vast amount of research on sexual harassment, focusing on recurring themes observed across literature in the past ten to fifteen years.