Program P Manual


The manual was developed for use by health workers, social activists, nonprofit organizations (or NGOs), educators, and other individuals and institutions that aim to use “men as caregivers” as a starting point for improving family well-being and achieving gender equality.

www.promundoglobal.org/programs/program-p/

Bandebereho Manual (Program P adaptation for Rwanda)


This manual was created for use by facilitators in the MenCare+ Bandebereho project in Rwanda. It is an adaptation of Program P and is designed to engage expectant fathers and their partners in group education sessions to promote men’s involvement in maternal, newborn and child health, family planning, caregiving and preventing domestic violence.

www.men-care.org/resources/bandebereho-facilitators-manual-fathers/

Gender-Transformative Bandebereho Couples’ Intervention to Promote Male Engagement in Reproductive and Maternal Health and Violence Prevention in Rwanda: Findings From a Randomized Controlled Trial


This study assessed the impact of the Bandebereho gender-transformative couples’ intervention on impact on multiple behavioral and health-related outcomes influenced by gender norms and power relations.

Program HMD Toolkit


This toolkit presents the “greatest hits” of Programs H and M. It seeks to make the model accessible so that an increasing number of teachers, facilitators, youth workers, coaches, and health workers have the means to become gender equality activists – engaging young people to achieve lives free of inequalities, discrimination, and violence, and with full access to and knowledge about sexual health and other health services. This toolkit maintains sexual diversity, represented by “D,” as a central part of approaches and achieving gender equity.

www.promundoglobal.org/resources/program-hmd-a-toolkit-for-action/

Manhood 2.0 Manual


Manhood 2.0 is a gender-transformative curriculum developed by Promundo and the University of Pittsburgh to engage adolescent boys and young men (ages 15-24) in reflecting on the impacts of harmful gender norms, specifically with the aims of preventing teen pregnancy, dating violence, sexual assault, and LGBTQ bullying, and of building healthier relationships.

www.promundoglobal.org/programs/manhood-2-0/

Manhood 2.0 Program Overview and Final Results


The following program overview provides a description of the Manhood 2.0 program, challenges and lessons learned, and key evaluation findings. It is intended to be a summary of experiences piloting and evaluating an adolescent pregnancy prevention program for young men, adapted from the Global South and implemented in Washington, DC.

www.promundoglobal.org/resources/manhood-2-0-program-overview-and-final-results/
Adapting a Global Gender-Transformative Violence Prevention Program for the U.S. Community-Based Setting for Work with Young Men


This article describes the history of Program H, the rationale for and evaluation of the original program, and the processes of adaptation for the US urban community-based setting, and highlights the risks as well as opportunities on the work with young men and boys in the future.


Very Young Adolescence 2.0


This is a 12-week program targeting students (ages 11 to 14) and informed by experts on early adolescent development, findings from the Global Early Adolescent Study, and a round of pilot testing in Malawi. Though the activities speak to Malawian youth, they are adaptable to almost any setting. The program is designed for implementation in mixed and single-sex groups as an after-school program using trained facilitators. It could also be implemented as part of the school curriculum.

Journeys of Transformation


The Journeys of Transformation curriculum offers 17 group education activities for men whose partners participate in women's economic empowerment programming. These activities focus on business and negotiation skills, couples’ decision-making processes, individual health, and well-being, and laws and policies related to gender-based violence. The program also stimulates community discussions to promote changes in norms related to gender.

www.promundoglobal.org/programs/journeys-of-transformation/

‘I can do women’s work’: reflections on engaging men as allies in women's economic empowerment in Rwanda


This article presents an evaluation of a pilot project in Rwanda in collaboration with CARE Rwanda’s Village Savings and Loan (VSL) programme that deliberately engaged men as partners of women beneficiaries of the micro-credit programme.

www.tandfonline.com/doi/full/10.1080/13552074.2013.767495
Living Peace Manual

The series is edited by the Learning on Gender and Conflict in Africa (LOGiCA) Program of the World Bank within the Social, Urban Rural and Resilience Global Practice.

This manual provides the resources and tools for organizations and practitioners in post-conflict settings to sustainably engage men in gender-based violence prevention through Living Peace groups.


Evaluation of Living Peace: Can targeting men reduce intimate partner violence?


This brief outlines findings from the qualitative, time-series impact evaluation of the Living Peace intervention piloted by Promundo in Democratic Republic of the Congo.

www.promundoglobal.org/resources/can-targeting-men-reduce-intimate-partner-violence/
Program D

Reference: Salud Y Género, Promundo, ECOS, Instituto Papai, World Education.

Program D was developed based on evaluations of the Program H and M manuals. This toolkit promotes respect for sexual diversity by inviting youth to reflect on questions and prejudices related to homosexuality.

www.promundoglobal.org/programs/journeys-of-transformation/

Afraid of What? Discussion Guide

This is a no-words cartoon video that invites viewers to reflect critically on how to eliminate homophobia and promote respect for sexual diversity. The video guide contains notes about the video, instructions for facilitators about how to use the video, and activities to stimulate discussion about the themes found in the video.

www.promundoglobal.org/resources/afraid-of-what-discussion-guide/
Engaging Men and Boys in Gender Equality and Health: A Global Toolkit for Action


This toolkit addresses strategies and lessons learnt for engaging men and boys in diverse themes, advocacy and policy, as well as addressing issues around monitoring and evaluation of this work.


Strengthening CSO-Government Partnerships to Scale Up Approaches to Engaging Men and Boys for Gender Equality and SRHR: A Tool for Action


The tool provides guidance on best practices to promote strong partnerships between civil society organizations and government representatives on engaging men and boys in gender equality and sexual and reproductive health and rights (SRHR).

www.promundoglobal.org/resources/strengthening-cso-government-partnerships-engaging-men-boys/

Engaging Men at the Community Level

Reference: The ACQUIRE Project/EngenderHealth, Promundo.

This is a manual to help participants develop activities at a community level to create a supportive environment for work related to male engagement and HIV and AIDS.

www.promundoglobal.org/resources/engaging-men-at-the-community-level/